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To whom it may concern,

My name is Dorothy Bennett, and I am writing to apply for the position on your CAMRT board of Directors.

I have been representing NL for the past three years at the CAMRT board table and would love to continue to work on your behalf and on behalf of all CAMRT members across the country, to move this great profession forward in these very different and evolving times. With 27 years of work experience in the Medical Radiation Technology field, I would really like to bring my knowledge and expertise to the board table as a member of the CAMRT board of Directors. After graduating from CONA, in 1993, I began working as a Medical Radiation Technologist, and I knew from the very start that I had chosen the perfect career. Anyone who knows me and has worked with me, knows that I have a great passion for my job and the profession as a whole. I have always given 110 percent to everything that I do. I am presently in a Manager's role, and even though it is a different role from what I had in the past, I am determined to continue to make this another positive experience in my career.

In 2013, following several years as President of NLAMRT, I was fortunate to be a part of the CAMRT Board of Directors as a representative for NL. Those two years gave me great insight regarding the role of the CAMRT and the important work that they do on behalf of our members and our profession as a whole. I have recently returned to the board table and served these past two years as the NL representative. With that experience and knowledge and my newly developed leadership skills, I think that I would be a great addition to continue my position on the CAMRT board. Over these past few years, and throughout my career, I have acquired good leadership qualities and I believe that I have consistently demonstrated this ability. I always enjoy teaching and mentoring students as well as new technologists. In my previous role, I was the lead technologist at that site, responsible for coordinating with all stakeholders to ensure an efficient patient flow within my area. I have always been an advocate for quality and safety. I have been involved in the writing of policies and procedures as well as imaging protocols. I have done QA for many years in several positions that I have held.

I am a very motivated individual and I invite every opportunity to push innovation. I like to look at past practice and try and find new ways to improve on that and make it work better and more efficient. I always teach best practices and ensure that members are always aware of new technologies and best practices across the country. In my previous role I was successful in changing practices to make the patient flow much

more efficient. In my present role, I have implemented practices that have improved service access and decreased wait times. Another changed practice was the instrumental role that I played as part of a PICC line implementation Team, which has proven to be a great success, earning us a nomination for the CEO award. I lead a core group of technologists whom I taught the skills needed to perform this new procedure and to ensure that it was a great success. I then travelled to several provinces and presented this new innovative procedure to other Medical Radiation Technologists. I had an excellent rapport with all staff, physicians, patients, and outside stakeholders that helped make this all possible. I think that my ability to effectively communicate with other people would make me an asset to the CAMRT board.

I have always been a believer that education never stops. When I speak at the Technologist's graduation each year, I always tell them that even though they have just completed a three- year diploma program, they are not finished, they are just beginning their education journey. In our field of technology, change is happening every day. There is always new technology and new practices on the horizon. I have never stopped learning. I have completed the Management Essentials program through Healthcare CAN. I have completed the Leading in a Caring Environment (LEADS) introductory workshop. These courses have taught me so much about myself and leadership.

My short- term goals are to learn as much as I can and to do my best to communicate and to develop coalitions within the organization. My long- term goals are to build on these coalitions and to keep doing what I've always done and be whom I've always been, motivated, innovative, honest, and caring and hopefully be able to play an instrumental part of an already great team of professionals that govern our profession on a national level.

I think that it is very important to promote CAMRT core values to provide meaning and direction to its members and actually believe in it. I think that it is very important for all of us to practice integrity, Innovation and Collaboration

I believe in the CAMRT strategic plan and how focused they are on developing a strategic plan that will benefit all their members, no matter where they are positioned across the country or what discipline they work in. The CAMRT is an authoritative voice on the critical issues that affect its members and their practice. CAMRT has been doing a great job in following their strategic plan, listening to the members and providing the support that they ask for. One element that I would like to see addressed in the CAMRT's next strategic plan would be Mental Health and Well -being. CAMRT had included this topic in their past strategic plan and has been very diligent on supporting members in this area. I think that CAMRT will be required to keep Mental Health and Well- being in their next strategic plan and put much more emphasis on this issue.

Positive mental health/well-being is an important factor in being able to function well at work, cope with stress, and enjoy life. Mental illness affects the healthcare system in

multiple ways. People with serious mental illness often have co-existing chronic physical conditions that can put them at risk of developing mental health problems and we all know how physically demanding our profession is.

Mental illness among healthcare providers is very prevalent and an issue for the MRT profession as a whole. It is a major concern because it is a workplace culture issue and its stigma can act as a barrier for help-seeking. As a manager, I see it every day, having many, many staff off on sick leave because of burn out and mental stress. I think that this is where the CAMRT has to concentrate on educating our members and continuing to offer support in this area. Providing position statements and publishing papers and articles on this topic is great but also providing free education courses and online learning webinars for the members to avail of whenever they need it. I have done some education myself in the past year that have been offered by my workplace and it has been very helpful.

Our profession is very demanding, both physically and mentally in normal times, but this past year and a half has proven to be like no other. It has been increasingly stressful for CAMRT members. Now, more than ever, we need CAMRT to step up and provide the resources and tools that the members need to help us through this difficult time. When staff have positive mental health and well-being, this affects our patients in a positive way as well, and that's why we are all in this profession, for our patients.

I am passionate and excited about the opportunity to continue my position as a member of the CAMRT Board of Directors once again. My creative problem-solving, tireless work ethic, and willingness to do whatever it takes to create a positive experience for our profession will certainly make me a great addition to your Board.

Sincerely,
Dot Bennett, RTR